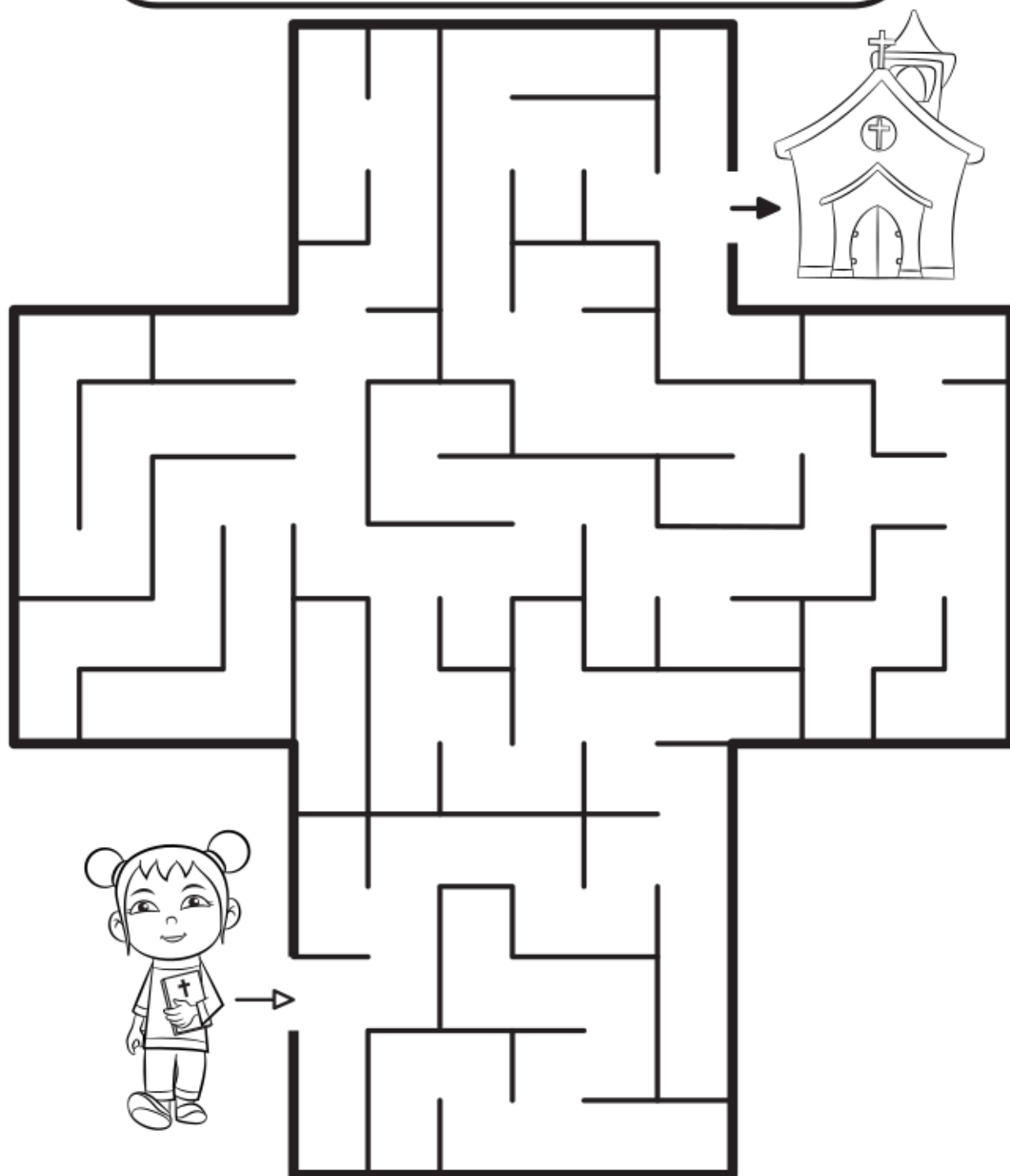


What is Confession?

How To Make A Good Confession



**Just like we go to a doctor to stay healthy,
the Sacrament of Confession helps to keep
us spiritually healthy!**